

*Let's have some fun?*



*“Practice and repetition lead us to perfection, or at least, closer enough”.*

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Here are the answers

Why does the narrator ask us to remember what we had for lunch 3 weeks ago?

he answer is: To show us an example of how some memories lost

What is experience converted into?

The answer is: A pulse of electrical energy

What are synapses?

The answer is: Dedicated sites

How can long-term memories form?

The answer is: Two neurons communicate repeatedly

What are the factors that make memories lost?

The answer is: Aging, chronic stress, depression, isolation

Which is NOT the way to preserve your memories?

The answer is: Sleeping

*Fab Silva*